

# PLAN PREPARE PRACTICE

In addition to your regular emergency supplies, you should have certain items so you are

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## Two-Week Pandemic Flu Supply Checklist

Items	2 people	4 people	Your quantity	Check off
Thermometer	1	1		
Eye dropper	2	2		
Surgical or procedural masks	50 masks	100 masks		
Bleach	1/2 gallon	1 gallon		
Laundry detergent	1 lb	2 lbs		
Dishwashing detergent	1 bottle (250 ml)	2 bottles (500 ml)		
Soap	2 bars / 3 dispensers	4 bars / 6 dispensers		
Toilet paper	6 rolls	12 rolls		
Paper towels	4 rolls	8 rolls		
Tissues	3 boxes	6 boxes		
Alcohol-based hand sanitizer	2 (8 fl. oz) containers	4 (8 fl. oz) containers		
Drinks with electrolytes	48 (8 fl. oz) bottles	96 (8 fl. oz) bottles		
Prescription medicines	as needed	as needed		
Pain and fever medicines	1 large bottle	2 large bottles		
Cough medicines	2 bottles	4 bottles		
Liquid medicine for children	2 cups per child	2 cups per child		
Rubber gloves	1 pair	2 pairs		
Disposable gloves	24-100 pairs	50-100 pairs		
Antibacterial wipes/gel	1 box	2 boxes		
Manual can opener	1	1		
Feminine hygiene products	as needed	as needed		